



SYDNEY TMS
Transcranial Magnetic Stimulation

Initial Assessment

Date of birth

Medicare No.

Practitioner

Jason Pace

Appointment

28 Oct 2024, 9:00AM

Created

28 Oct 2024, 8:28AM

Last updated

28 Oct 2024, 10:00AM

Assessment

TMS Assessment

TMS Assessment

Client attended to assessment by himself, seen by ST/JP.

Presenting problem:

Anxiety, depression

Socioeconomic Hx:

Sees Dr. Ty Drake for 12-18months

Previously seen George (child psychiatrist) unable to continue treatment due to medications so changed to Dr Drake.

Noticed decreased appetite since

Worked cleaning trains for Sydney Train permanent night shift - ceased working 6 months ago - that's when the depression hit

Partner [REDACTED], 2 daughters 6 and 2 years of age.

On disability session

MH Hx and PMHx:

AuDHD

Daughter has Autism Dx

Childhood trauma didn't get picked up until a few years ago. (Alcohol, fighting)

Estranged from family for the last 6 months.

Family = Full sister, 2 step sisters, step brother (stopped talking to family)

No history of seizures

Nil substance use or ETOH

childhood ocd started washing hands heaps, having a shower before going into the room, checking cables of electronics.

Now wash feet in shower before going into room however recently has become lax due to having children.

MSE:

Appearance: Appears as a caucasian male, appropriately looking for his age, casually dressed in blue shirt, black long pants, short brown hair (buzz cut) full arm tattoo sleeves

Affect: restricted

Behaviour: good eye contact, cooperative, settled

Speech: normal rate, rhythm, tone, volume

Mood: low

Thought Form: logical, coherent

Thought Content: previous mental health history, family dynamics, previous occupation

Perception: nil perceptual disturbances

Cognition: GCS 15/15 orientated to time place person

Insight: intact

Judgement: intact

Current Medications:

Lamotrigine 200mg

Clondine 100mcg 1-2 tablets

Lisdexamfetamine 50mg

Past Medications:

Fluvoxamine 100mg - ceased 7 days ago didn't help OCD or depression/anxiety

Prozac

Actions:

Deemed Suitable

Consent form signed

Risks explained

TMS Treatment explained

Denied contraindications

Mapping completed

Plan:

Right side

RMT is 54%

Treatment Dose is 59%

Start at 45% and increase quickly to 55% and then slowly increase up to 59% as sessions continue.

Treatment Plan

TMS type

- Right Sided 1 Htz
- Theta Burst
- OCD Midline 1 htm
- LDPFC rTMS (19min)
- LDPFC rTMS (37min)
- Further insurance approval needed before commencing treatment
- Patient suitable but not ready to start
- Patient not Suitable for TMS

Number of sessions planned or approved

- 25
- 30
- 35
- 40
- 45
- 50
- Maintenance
- other

Treatment Course

TMS Course

- First
- Second
- Third
- Fourth
- Maintenance
- Other

Fees and Payment

Payment Type

- Medicare TMS
- Non-Medicare TMS
- Work Cover Insurance approval
- Health Insurance

DVA

FEES to be charged

- \$200
- \$150
- Bulk Billing
- Insurance
- DVA
- \$220
- \$225
- Other

Head Measurements

Circumference (cm) 60

Tragus to Tragus (cm) 39

Nasion to Inion (cm) 36

Beam F3 Position X (cm)= 6.90

Beam F3 Position Y (cm)= 10.18

Resting Motor Threshold (%) 54

Treatment dose (%) 59