



SYDNEY TMS
Transcranial Magnetic Stimulation

11 November 2024

Dr Abhishek Nagesh
Macarthur Consulting Suites
92-96 Dumaresq St
Campbelltown NSW 2560

RE: [REDACTED]

Dear Dr Nagesh,

Thank you for referring [REDACTED] to be assessed for TMS treatment. [REDACTED] attended the assessment today and they were able to provide a history of their symptoms and mental health consistent with treatment resistant Major Depression and OCD. Based on today's assessment, I felt that they meet the Medicare criteria for rebatable TMS treatment. I am also satisfied that there are no apparent contraindications for the TMS treatment.

After the assessment, [REDACTED] completed a consent form and underwent a mapping session. This involves taking scalp measurements to locate the correct treatment location, as well as calculating a personalised baseline motor threshold for [REDACTED] TMS treatment. There were no issues with the mapping session, and a schedule of appointments have been made to initiate treatment shortly.

During the course of treatment we will be monitoring any changes in mood and anxiety both qualitatively and quantitatively using the MADRS and PHQ-9 and YBoC. In addition to this, if you are reviewing [REDACTED] during the treatment, please feel free to provide any suggestions, feedback or any observations you have made regarding the client to us.

At the end of the treatment course, we will provide you with a summary and quantitative mental health scale scores taken before, during and after the treatment. If you have any concerns or questions at any time, please feel free to contact us.

Kind Regards,

Dr Jason Pace
MBBS FRANZCP
Sydney TMS



SYDNEY TMS
Transcranial Magnetic Stimulation

20 November 2024

Dr Abhishek Nagesh,
92-96 Dumaresq Street,
Campbelltown, NSW, 2560

[REDACTED]

Dear Dr Abhishek Nagesh,

Thank you once again for referring [REDACTED] for assessment with regards to TMS treatment. [REDACTED] had her first treatment of TMS recently which went well. Unfortunately she has contacted the clinic to notify us that she has decided to cancel all future TMS treatments due to financial hardship. I had already negotiated to reduced [REDACTED] treatment fees to assist her but even with the reduced fees she is finding it difficult to see how she will afford to pay for the treatment.

I would just like to take this opportunity to thank you for referring [REDACTED] for TMS treatment. Please feel free to refer her back for treatment if her financial situation improves.

If you have any concerns or questions at any time, please feel free to contact us.

Kind Regards,

Dr Jason Pace
MBBS BSc(Med) FRANZCP
CEO and Consultant Psychiatrist at Sydney TMS
Ph: 1300 177 144
Email: info@sydneytms.com.au
Web: sydneytms.com.au



18 November 2024

Dr Satish Goyal,
34 Queen Street
Campbelltown, NSW, 2560

RE: [REDACTED]

Dear Dr Satish Goyal

Thank you for referring [REDACTED] Garrad to be assessed for TMS treatment. [REDACTED] attended the assessment today and they were able to provide a history of their symptoms and mental health.

Based on today's assessment, I felt he has had a partial response to his previous TMS treatment whilst he was admitted at South Coast Private Hospital back in February to March 2023. [REDACTED] reported that he had a further course of TMS treatments at South Coast Private Hospital later in 2023 but found these were not as effective due to circumstances with other in-patients. [REDACTED] provided a detailed account of his past mental health history which included use of alcohol and other drugs including marijuana, methamphetamine, heroin and psychedelics.

[REDACTED] has informed us that his alcohol intake is currently characterised by several binge day during the week. During the assessment we discussed that the consumption of large amounts of alcohol prior to having TMS treatment can increase the level of risk for a seizure to occur and as such we discussed our recommendations of no alcohol for 48 hours prior to treatment. [REDACTED] understood this and advised that this would not be an issue.

Furthermore [REDACTED] has reported to us that on 3 occasions an attempt at suicide in 2013 and 2014 were made. During today's assessment [REDACTED] has reported to us that they are currently not on any regular medication however, [REDACTED] did mention that they wish to recommence on Largactil 50mg nocte to help them sleep. Based on today's assessment, I felt that they meet the Medicare criteria for rebatable TMS treatment. I am also satisfied that there are no apparent contraindications for the TMS treatment.

After the assessment, [REDACTED] completed a consent form and underwent a mapping session. This involves taking scalp measurements to locate the correct treatment location, as well as calculating a personalised baseline motor threshold for [REDACTED] TMS treatment. There were no issues with the mapping session, and a schedule of appointments have been made to initiate treatment shortly.

During the course of treatment, we will be monitoring any changes in mood and anxiety both qualitatively

and quantitatively using the MADRS and PHQ-9. In addition to this, if you are reviewing [REDACTED] during the treatment, please feel free to provide any suggestions, feedback or any observations you have made regarding the client to us.

At the end of the treatment course, we will provide you with a summary and quantitative mental health scale scores taken before, during and after the treatment. If you have any concerns or questions at any time, please feel free to contact us.

Kind Regards,

A handwritten signature in black ink, appearing to be 'Jason Pace', written over a horizontal line.

Dr Jason Pace

MBBS BSc(Med) FRANZCP

CEO and Consultant Psychiatrist at Sydney TMS

Ph: 1300 177 144

Email: info@sydneytms.com.au

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